

DRHS COACHES

RON WOITALEWICZ
(HC/DC/LB)

JEREMIAH BEHRENDSEN
(OC/QB)

PAUL SHEEHY(STC/DL)

TIERRE DURAN
(JVHC/DB)

CHRIS FLYNT(WR)

JEFF HINES(DL)

MARK LEON(DB)

ERIC NEYEN(LB)

JOHN OFFERDAHL(DB)

MATT OSTERHAUS(OL)

JARED SCHULZ(RB)

GORDON STANT(OL)

SCOTT CAVALLARO(F)

NICK MAY(F)

JOE WEGNER(F)

DRSA YOUTH FB

JOHN KELLNER

JOE CHRISTENSEN

MARK CUSICK

BILL STUBBLEFIELD

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• YOUTH COACHES
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Navy Cardinal Insider

VOLUME 3, ISSUE 3

Coach Woj's Update:

We have begun our spring sports seasons and I am encouraged by the amount of student/athletes we have that are not only good football players, but are playing another sport in the spring to better themselves. We have players playing baseball, running track, playing Lacrosse and we have Rugby players working on their craft for this spring. All of these things will make them better football players for us in the fall. Playing other sports gives them the chance to stay competitive, make friends, and most of all have fun doing something in high school.

Our incoming freshman are working in the weight room at Summit Ridge after school on Tuesdays and Thursdays and are getting bigger and stronger already. We need more kids in the incoming freshman class to play, but we have a great nucleus already with both good size and athletic ability. I am excited for what the future holds for these young men.

We will have a change next fall as Coach Paul Luna has had to step down as our freshman head coach because of health issues in his family with his father. I know this has been a tough decision for Coach Luna, but family is and always will be a priority for our football program and at this time, Coach Luna needs to take care of his immediate family. I cannot thank him enough for his time and dedication to our football

program at Dakota Ridge. He has been such an amazing coach and mentor to so many young men that he has come in contact with



Coach Woj
DRHS Head Coach

over the last 4 years. We will have a new freshman head coach in place soon and that person will be excellent and continue to carry on the legacy Coach Luna has left in the freshman program.

We will begin max testing in the weight room before spring break comes and see what kind of progress our team is making in the weight room. We have been talking all this off-season about wanting to be the toughest and strongest team on the field come the fall and the players have been working very hard to try to achieve that goal. This next couple of weeks we will see how we are progressing toward making that a reality. We have begun our morning throwing sessions and our offensive line sessions as well as meeting defensively to make our team better come the fall season. I am excited about the energy and enthusiasm that this team is showing with the

weight room and morning workouts. It will make for an exciting season this fall in our new league. Our league this fall will be back to a more traditional Jeffco league. Our league will be Bear Creek, Chatfield, Golden, Wheat Ridge, and Grand Junction. We also are playing Rampart, Spanish River (Boca Raton, Florida), Vista Ridge, Ponderosa and Vista Peak in non-league games. Three of those teams were playoff teams last year with Rampart and Vista Ridge being in the final 8. This non-league schedule will make us playoff ready for such a tough league this fall.

We will begin our youth QB/WR/OL camp on April 2, 2018. We meet each Monday night from 6:00 – 7:00 at Dakota Ridge and I would strongly encourage you to sign your son up for this camp to help him develop his skill set in these areas. It is an 8-week camp that we have been doing for 12 years. In addition, our summer Speed and Agility camp brochures are now available and registration has begun. This year you can also register online at dakotaridgesports.org. I hope we have a great turnout for our summer speed camp and our youth football camps coming up.

I will leave you with this: **A player can make a difference, but a Team can make a miracle.**

Don't Flinch!
Ron Woitalewicz (Coach Woj)
Head Football Coach
Ronald.Woitalewicz@jeffco.k12.co.us

Upcoming Events/Dates

Events for DRHS Football

- 1/23 - 5/3 After School Weight Lifting at Summit Ride MS
 - Tues./Thurs. 3:00 - 4:00 pm
- 5/2 @6:00 - **Mandatory** Parent Meeting in DRHS Auditorium
 - Eagle Cards available this night to get a head start!
- 5/7 - 5/9 @3:00 - 4:30 pm Freshman football camp at Summit Ridge MS
- 5/9 @5:00 pm - Freshman player/parent BBQ at DRHS

Events for DRHS Football

- 5/9 Freshman Speed Camp forms/money turned in
- 5/24 Speed Camp forms and money for all remaining players is due by this date
- 6/4 Summer Lifting and Speed Camp begins (all 9-12 football players need to attend)
- Varsity/JV
 - Lift 8:00 - 10:00
 - Speed Camp 10:30 - 11:30
- Freshman
 - Speed Camp 9:00 - 10:15
 - Lift 10:30 - 12:00

DR Youth, Community & Coaches

- Coaches Clinics for youth football coaches EVERY MONDAY at Dakota Ridge HS
 - 4/2 - 5/21 @7:00 - 8:00 pm
- Youth QB/WR/OL Camp EVERY MONDAY @DRHS (See the registration forms at the end of this newsletter!)
 - 4/2 - 5/21 @ 6:00 - 7:00
- Speed and Agility Camp for grades 2 - 8
 - Mon.-Wed.-Fri. 6/4 - 7/6
 - 9:00 - 10:15 @DRHS
 - Registration at end of newsletter!

“In every drill players will emphasize an aggressive burst of speed to finish where they are always finishing the run”

Coach Schulz: Dakota Ridge RB Play

To successfully establish a Dim Mak (death touch) culture there are a few must haves a running back will need. We will strive to include all the must haves into each drill we do as a running back group. 1) Running backs need knee drive and body balance. 2) In every drill players will emphasize an **aggressive burst of speed to finish** where they are always finishing the run. 3) Running backs need to always fall forward, but this is taken care of if the first and second must haves are being met. 4) Ball security is the last must have (and most important), because it is easier to score offensively if we have the ball. If a running back cannot control the ball, they will not play running back. The drills listed below are what we will do at the start of each individual period [everyday drills (EDD's)], and are part of our game day warmup.

3 Cone/Snake Drills – Players will weave between each cone placed 1 yard apart from each

other with a 2 yard gap between the 2 sets of 3 cones. Both feet must pass between the cones, and the drill is done twice with the running back carrying the ball in their right arm and then the left. The first 3 cone drill pattern is a weave where players are running through the pattern. You want to see players planting the outside foot on each cut and never crossing over their legs. With the outside foot planted the inside knee will drive over the hip to accelerate the player into their next direction.

The second pattern will be quick jump cuts. Players should focus on keeping their pad level down and bursting out of each cut. I am not concerned about the width of the players' feet, but I want to see the feet moving together instead of any kind of shuffle.

The third pattern will be a pressure cut where I want to see players get their shoulders overtop of their knee on their plant step. Their eyes should be looking in the same direction giving the appearance of making

the inside move before either cutting out or spinning back out the other direction. The first set of cones will be a horizontal cut, where the second set of cones will be the spin. On the spin players should be driving their knee over their hip and working for width to keep from getting taken down by an arm tackle. I want to see a vertical burst of speed to finish and not see the player continue to drift outside from the spin. Throughout the drill players need to have their ball carrying hand held next to their chin.



...Coach Schulz: Dakota Ridge RB Play

The last drill we do with the 3 cone set up will be the trash drill. Players here are simulating hitting a hole that gets plugged up. They will regather themselves and explode into the next opening. Players should think about pressing back from their outside foot. There is a PVC gate set up were players will bust through keeping their pad level down but their

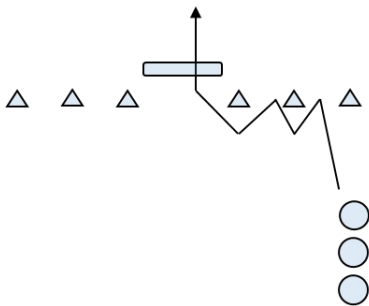
eyes up. We will do this from the right side, and then the left side.

At the end of each of these drills I can add some variety with either making a defender miss or delivering a hit. For making a defender miss, I will stand in their way and step either left or right and have the running back cut off my movement. To deliver a hit I will hold a hand shield on the side of the

running backs path. Players should make contact, having low pad level, with their same foot/ same shoulder. I want players to uppercut through the contact finishing with their arm over their shoulder to overemphasize the vertical strike.

Questions? Please feel free to email Coach Schulz at:
Jared.Schulz@jeffco.k12.co.us

“I want players to uppercut through the contact finishing with their arm over their shoulder to overemphasize the vertical strike”



Player Spotlight: Justin Sanchez

Justin wears #8 for the Eagles and is a returning starter at the WR position.

In 2017 Justin improved at his craft as much as any other Eagles player. Because of that he had a breakout year, and is the leading returning WR in yards, receptions and yards/reception.

The Eagles are hoping for

another breakout year from Justin and are hoping he will continue to grow as both a deep threat and a Red Zone threat in the passing game!

Check out Justin's highlights at:

<https://www.hudl.com/profile/5405470/Justin-Sanchez>



So You Want To Play College Football?

Recruiting Notes and Tips for Eagles Players and Parents

By Coach Paul Sheehy

Note: This is the first installment of "So You Want To Play College Football?", a periodic column in our newsletter to help our players and their parents understand, and most importantly, take advantage of the college football recruiting process. **These notes and tips are not only meant for rising seniors (current juniors), but for current freshmen and sophomores as well. In fact, the earlier players and parents understand the process, the more ahead of the recruiting game they are.** One more thing. "Players" need to understand that they are "student-athletes" as both the student and the athlete component will determine his future. The bottom line is this: if any of our Dakota Ridge Eagles players have any thoughts of playing college football, and hopefully obtaining a scholarship, the time to start preparing for that is today.

"One of the biggest, and probably the most common mistakes people make in the recruiting process is waiting until their junior or senior years to get started"

In this issue, we hear from Coach Jeff Hines on the subject of college football recruiting. Jeff is uniquely qualified to speak on this topic, as not only was he a DI football recruit himself, but he currently works for national recruiting service, NCSA.

(www.ncsasports.org)

Here are 3 Realities of Recruiting...

Take the word "wait" out of your vocabulary when it comes to recruiting!

One of the biggest, and probably the most common mistakes people make in the recruiting process is *waiting* until their junior or senior years to get started in the recruiting process. Since the dawn of recruiting everybody has known the most important year in any athletes recruiting is the

junior year, but is that when it all begins?

No! That is simply when most schools start to offer. If you watch signing day coverage on ESPNU or follow recruiting at all, you hear colleges coaches use the word "relationship" more than any other word. Why? Because if they are going to invest money in somebody they are recruiting during that Junior year they probably want to know everything about them beforehand and same goes for schools that offer early Senior year. And yes...let's not forget it is about money. A four-year scholarship is literally worth several hundred thousand dollars, a substantial investment in a teenage student athlete.

Take Recruiting into your own hands!

Every athlete needs to take recruiting into their own hands. The second biggest mistake most athletes make is thinking, "my coach is going to handle recruiting." I was guilty of this mistake as a high school athlete, and it almost cost me the chance to play in college. You absolutely need to let your coaches know, as far in advance as possible, that you want to play college football, **and** that you would like their assistance throughout the recruiting process. High school coaches play a major role in the recruiting process, and especially here at Dakota Ridge, where Coach Woj is very proactive in this area. However, it is both unrealistic and unfair to put this process solely on your head coach.

...So You Want To Play College Football Continued

Here is why: if a coach has 7 kids on his team that want to play in college, and he is going to take an active role in getting them recruited, he will need to devote at least 1 hour each week into each player. That is one full work day per week, on top of his teaching and coaching role and responsibilities, and family life. If your coach is willing to assist you in this process, take advantage of that offer, but every student athlete needs to take ownership in this process.

Recruiting is a 24/7/365 endeavor!

Another mistake student athletes make very often, is waiting until the offseason to start the recruiting process on their end. Do you think college coaches just recruit in the offseason? No!

Recruiting goes on 24/7/365 because of something great called the internet. Now, coaches can sit in their office recruiting kids during the dead periods, since all they need to do is go online to learn about them, watch film, check their social media interactions, etc.

The best time for a student athlete to start getting his name out to college coaches is during the **current** season. Why? Most kids are going to wait until the offseason to start sending their info to coaches which will make them like 1 out of 40,000 that will be doing that. However, if a student athlete starts getting his name out there during the current season, he will be ahead of the masses, and will be something like 1 out of 5,000 (which I

know is still insane).

This is why you want to limit your competition throughout this process, and one of the easiest ways to do this is to be ahead of everyone else and not wait to start when so many others do!

These are 3 simple realities you must be aware of in recruiting if you want to have the most success and most options possible. We will be diving into this process in more depth throughout the spring, and if you have any questions on the recruiting process feel free to reach out!

Coach Hines
480-567-4139
jehinesnau@gmail.com

“The best time for a student athlete to start getting his name out to college coaches is during the current season.”

Upcoming columns will include information on how to become a recruited athlete; recruiting services; specifics on the recruiting process, including contact periods, etc.; tips on initiating and responding to contact with college coaches; understanding “who is recruiting who?”; creating your highlight tape and player resume/infographic; differences in opportunities at the Division I, DII, DIII levels; the Junior College alternative; and more. If there is a specific topic you’d like addressed, send an email to DRCoachPaul@gmail.com and I’m happy to add it to the list!



LITTLETON, CO

DAKOTA RIDGE SPORTS ASSOCIATION

Dakota Ridge Youth Sport Office

5944 S. Kipling Parkway

Suite 200

Littleton, CO 80127

Phone: 720-407-4359

Fax: 303-639-6605

E-mail: dakotaridgesports@hotmail.com

Dakota Ridge Football works hand in hand with Dakota Ridge Youth Football. Our youth football program falls under our youth sport organization, the DRSA. The DRSA's mission is to make a positive impact in the community and the lives of our children and youth by providing a quality sports development program for the Dakota Ridge area and high school. They also strive to create an environment of leadership and role models, and they recognize the importance of shaping the lives of our children and future leaders.

*Soaring High
with Eagle Pride*

www.dakotaridgesports.org

Youth Corner with Coach Stubblefield

Effort and Attitude.

Giving Effort as defined by Webster's dictionary is "a vigorous or determined attempt". So I ask myself, what is a vigorous or determined attempt? Is it really trying on one play? Is it giving it your all until you leave the field? Is it mental effort? Is it Physical Effort? Well, if you ask me....it is all of these. Whether it is our young athletes competing on a sports field or us adults giving it our all in the work place, our effort is a good predictor of our future success. Every time we give effort, it strengthens everyone around us. Our effort may not always

produce an outcome that is in our favor; it will however always be noticed.

Attitude as defined by Webster's dictionary is "a settled way of thinking or feeling about someone or something, typically one that is reflected in a person's behavior". Our Attitudes have a direct reflection on our effort. If we show up to work or to practice with a bad attitude, then it will absolutely dig into our effort. As coaches, we cannot teach effort and attitude and we cannot coach effort and attitude. Effort and Attitude are only something that we can encourage and

give praise to when recognized. It is our job as parents and coaches to be a mental role-models for our kids so they can make a choice to convey the same effort and attitude with everything they do.

Attitude and Effort go hand in hand, and it is up to us to make sure our young athletes know that their effort and positive attitudes will always be noticed and always be praised. Go Eagles!

Coach Stubblefield will be entering his 6th season as a DRSA football coach this fall and is a valued member of DRSA's football leadership team. Coach Stubblefield's teams have had great success over the past 5 years. His players not only develop on the field, but off the field as well!



RON WOITALEWICZ

"COACH WOJ"



**PLAINS LEAGUE CHAMPION
COACH OF THE YEAR
2015**

POSITIVE COACHING ALLIANCE
**DOUBLE-GOAL
COACH® AWARD
2014**

HIGH SCHOOL
**COACH OF
THE WEEK**



106 CAREER WINS



**9 STATE PLAYOFF
APPEARANCES**



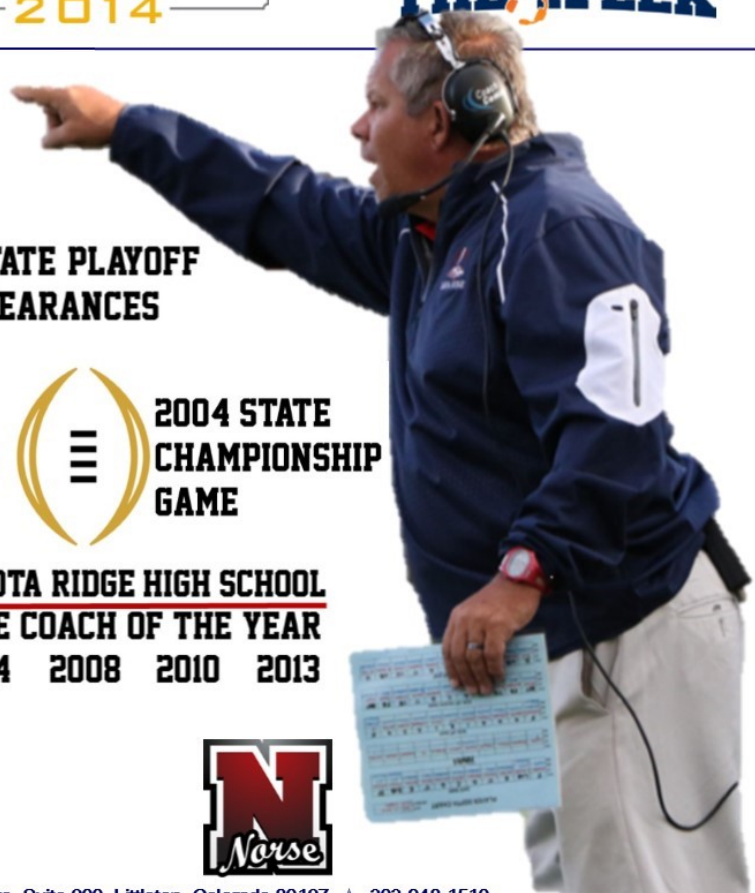
**STATE PLAYOFF SEMIFINALS
2004 2008 2010**



**2004 STATE
CHAMPIONSHIP
GAME**



**DAKOTA RIDGE HIGH SCHOOL
MALE COACH OF THE YEAR
2004 2008 2010 2013**



ProStar Coaching ★ 13982 W Bowles Ave, Suite 200, Littleton, Colorado 80127 ★ 303-948-1510

EAGLES

QUARTERBACK/RECEIVER CAMP

RON WOITALEWICZ – CAMP DIRECTOR / JEREMIAH BEHRENDSEN – CODIRECTOR

- HEAD FOOTBALL COACH DAKOTA RIDGE HIGH SCHOOL
- 33 YEARS HIGH SCHOOL EXPERIENCE
- 10 QUARTERBACKS WHO HAVE BEEN ALL-STATE
- 14 WIDE RECEIVERS WHO HAVE BEEN ALL-STATE OR ALL COLORADO

FOR:

- ANY ATHLETE INTERESTED IN PLAYING QUARTERBACK OR WIDE RECEIVER
- GRADES: 2-7

WHEN:

- MONDAYS BEGINNING APRIL 2, 2018 – MAY 21, 2018
- 8 ONE HOUR SESSIONS
- 6:00 – 7:00 P.M.

WHERE:

- DAKOTA RIDGE HIGH SCHOOL (FOOTBALL FIELD OR GYM)
- C-470 AND BOWLES

COST:

- \$100.00
- CASH OR CHECKS PAYABLE TO: (DAKOTA RIDGE EAGLES)

CAMP OBJECTIVE:

TO OFFER QUALITY INSTRUCTION TO ANYONE WANTING TO PLAY QUARTERBACK OR WIDE RECEIVER. FOCUS WILL BE ON TECHNIQUES OF THROWING AND CATCHING THE FOOTBALL.

CAMP FEATURES:

- POSITIVE REPETITIONS FOR QUARTERBACKS AND RECEIVERS
- BREAKDOWN AND INSTRUCTION OF PASSING MECHANICS
- BREAKDOWN AND INSTRUCTION OF CATCHING THE FOOTBALL
- BREAKDOWN AND INSTRUCTION OF 3 STEP DROPS, BOOTLEG, HOW TO TAKE A SNAP, LEADERSHIP SKILLS
- BREAKDOWN AND INSTRUCTION OF RUNNING ROUTES FOR RECEIVERS
- EXCELLENT CHANCE FOR PARENTS TO SEE KIDS IN ACTION DURING CAMP

PLAYER'S NAME: _____

ADDRESS: _____

PARENT'S NAME: _____

PARENT'S EMAIL: _____

PHONE: _____

GRADE/AGE: _____

PLEASE FILL OUT THIS PORTION AND RETURN WITH YOUR PAYMENT BY APRIL 2, 2018

YOU MAY REGISTER THE FIRST DAY OF CAMP AS WELL BEGINNING AT 5:30 P.M.

MAIL TO:

RON WOITALEWICZ

11763 W. BELMONT DR.

LITTLETON, COLORADO 80127

QUESTIONS:

RON WOITALEWICZ

EAGLES OFFENSIVE LINE CAMP

RON WOITALEWICZ – CAMP DIRECTOR

- HEAD FOOTBALL COACH DAKOTA RIDGE HIGH SCHOOL
- 33 YEARS HIGH SCHOOL EXPERIENCE
- 11 ALL STATE OFFENSIVE LINEMAN

MATT OSTERHAUS – CO-CAMP DIRECTOR

- OFFENSIVE LINE COACH DAKOTA RIDGE HIGH SCHOOL
- 16 YEARS EXPERIENCE COACHING HIGH SCHOOL OFFENSIVE LINE
- 14 STRAIGHT YEARS OF HAVING A 1ST TEAM ALL CONFERENCE LINEMAN
- HAS COACHED 9 1ST TEAM ALL STATE OFFENSIVE LINEMAN SINCE 2004.

FOR:

- ANY ATHLETE INTERESTED IN PLAYING OFFENSIVE LINE IN FOOTBALL
- GRADES: 2-7

WHEN:

- MONDAYS BEGINNING APRIL 2, 2018 – MAY 21, 2018
- 8 ONE HOUR SESSIONS
- 6:00 – 7:00 P.M.

WHERE:

- DAKOTA RIDGE HIGH SCHOOL (FOOTBALL FIELD OR GYM)
- C-470 AND BOWLES

COST:

- \$100.00
- CASH OR CHECKS PAYABLE TO: “**DAKOTA RIDGE EAGLES**”

CAMP OBJECTIVE:

TO OFFER QUALITY INSTRUCTION IN THE AREA OF OFFENSIVE LINE PLAY WITH A FOCUS ON STANCE, STARTS, PULLS, DRIVE BLOCK, DOUBLE TEAMS, PASS PROTECTION.

CAMP FEATURES:

- POSITIVE REPETITIONS FOR OFFENSIVE LINEMAN
- BREAKDOWN AND INSTRUCTION OF OFFENSIVE LINE MECHANICS
- WORK ON PADS AND BLOCKING DUMMIES.

PLAYER'S NAME: _____

ADDRESS: _____

PARENT'S NAME: _____

PARENT'S EMAIL: _____

PHONE: _____

GRADE/AGE: _____

PLEASE FILL OUT THIS PORTION AND RETURN WITH YOUR PAYMENT BY APRIL 2, 2018

YOU MAY REGISTER THE FIRST DAY OF CAMP AS WELL BEGINNING AT 5:30 P.M.

MAIL TO:

RON WOITALEWICZ

11763 W. BELMONT DR.

LITTLETON, COLORADO 80127

QUESTIONS:

RON WOITALEWICZ

Camp Features

This camp is designed for middle school and high school athletes looking to reach their full athletic potential.

All sessions are designed to help increase strength, stamina, power, agility and many other qualities needed to succeed as an athlete.

Increasing speed and improving athletic ability are the most important developmental aspects of sports today. Speed is the cornerstone of all competitive sports, and this camp will help improve speed and overall athletic skills. This is a great opportunity for the endurance athlete to the college football prospect.

Athletes of *all* sports will benefit greatly from participation in this camp!



Camp Sessions will include:

- ◊ **Plyometrics** (*explosive power training*)
- ◊ **Resistance Training**
- ◊ **Hill Training** (*uphill and downhill*)
- ◊ **Form Running**
- ◊ **Coordination Drills**
- ◊ **Quick Feet Drills**
- ◊ **Change of Direction Drills**
- ◊ **Reaction Drills**
- ◊ **Cardiovascular Drills**
- ◊ **Strength Training**

Name _____
 Address: _____

Refold here with this panel showing

PLACE
STAMP
HERE

Dakota Ridge Eagles
 Speed & Agility Camp
 11763 W. Belmont Drive
 Littleton, CO 80127
 Attn.: Coach Ron Woitalewicz

Staple or tape here



STRENGTH CONDITIONING FLEXIBILITY POWER SPEED AGILITY
EAGLES SPEED & AGILITY CAMP

Camp Information

Who: All male/female athletes grades 2-12
What: 5 Week Speed & Agility Skills Camp
When: Mondays, Wednesdays & Fridays
Monday June 4, 2018 to
Friday July 6, 2018
Grades 2-9: 9:00 am—10:15 am
Grades 10-12: 10:30 am—11:30 am
Where: DRHS Football & Soccer Fields
Cost: \$90 per camper
(includes t-shirt & "Popsicle Fridays!")
Please make checks payable to:
Dakota Ridge Eagles

REGISTER NOW

Registration

By Mail: Staple your check to the inside of this mailer, seal, and return via mail (postage required).

Online: www.dakotaridgesports.org

Walk-up registration: Day 1 or 2 of camp,
June 4 or 6, 2018, 8:00 am

With special thanks to camp sponsor...



Brian Weatherman
Exclusive Agent
T: 303-971-0555
F: 303-971-0034
5935 S ZANG ST, STE 270
LITTLETON, CO 80127



Allstate
You're in good hands.

Call me for the protection you need and the service you want.

REGISTRATION FORM

Camper's Name: _____

Address: _____

Phone: (____) _____ - _____

Email: _____

Age: _____

Sports you compete in: _____

School you currently attend: _____

Emergency Contact Name & Phone: _____



(____) _____ - _____

Additional Information

For additional information, please call
Coach Ron Woitalewicz at (303) 982-1902
(work) or (720) 838-3931, or via email at
rwoitale@jeffco.k12.co.us



Parent/Guardian Consent & Waiver of Liability

I assume all risks and hazards associated with the above named camper's ("the camper") participation in this camp. I acknowledge my camper is in proper physical condition to participate in this camp, and he/she has no illness, disease or existing injury or physical defect that would be aggravated by his/her participation. I will inform the coach if this status changes. I further acknowledge that this risk may involve loss or damage to me or my property, including the risk of death, or other unforeseen consequences, including those which may be due to the unavailability of immediate emergency medical care. I expressly release, waive liability, discharge, hold harmless, indemnify, and covenant not to sue Dakota Ridge High School, Coaches, Supervisors, Volunteers, Jeffco Public Schools, or anyone otherwise associated with those individuals and entities liable for any damages, injury or illness which the camper may sustain while attending any session of this camp. I further understand that under no circumstances will any amounts paid by me for the camper's participation in this camp. I represent and certify that I have the legal capacity and the authority to act for, and on behalf of, the minor in the execution of this Waiver of Liability and Release.

PARENT/GUARDIAN SIGNATURE _____

PRINTED NAME _____

Date signed: _____

A **PLAYER** CAN MAKE A DIFFERENCE, BUT A **TEAM** CAN MAKE A MIRACLE



DAKOTA RIDGE

20  18

Coach Woj with 2018 returning all-league players

FOOTBALL



FRI, 8/24
RAMPART
7pm, TRAILBLAZER



FRI, 9/14
@VISTA RIDGE
7pm, VRHS



FRI, 9/28
VISTA PEAK
7:30, JEFFCO
HOMECOMING



FRI, 10/12
GRAND JUNCTION
4pm, JEFFCO
YOUTH NIGHT



FRI, 10/26
@WHEAT RIDGE
7pm, JEFFCO
PINK BCA



FRI, 8/31
SPANISH RIVER, FLA
6pm, ESPN WWS



SAT, 9/22
PONDEROSA
12pm, JEFFCO



THU, 10/4
@BEAR CREEK
6pm, JEFFCO



THU, 10/18
@CHATFIELD
7pm, JEFFCO*



THU, 11/1
GOLDEN
6pm, TRAILBLAZER
SENIOR NIGHT



THE ROAD TO MILE HIGH



* Chatfield game date/location subject to change based on TV coverage